

**TAI CHI
LOCAL AREA CLASSES**

	DAY	TIME	LOCATION	STYLE(S)	FEE	Accept Students
	Monday	9-10AM	PV Active Adult Center (CASA) 9360 E Manzanita Prescott Valley, 86314 928-772-3337	Yang Modified 10 Form, Simplified 24 Form	Member \$2 Non-Member \$5	Yes
	Monday	10-11:30AM	OLLI at Yavapai College	Tung Family 108 Yang Style – Advanced	Classes are full; Contact OLLI in January 2027	Yes
	Monday	1:30-2:30PM	Adult Center of Prescott 1280 E Rosser St, Prescott 928-778-3000	Yang Simplified 24 Form	Adult Ctr Member \$8 Non-Member \$10	Yes
	Tuesday	8-10AM	Quailwood Community Center 12725 E Bradshaw Mountain Rd Dewey, AZ 86327	Primarily Yang	\$5 per session or \$20 per month	Yes
	Tuesday	10-11AM	Dewey-Humboldt Library	Yang Style 24 Form; Medical Qigong	Free – Sponsored by Yavapai County Library	Yes
	Tuesday	10:30-11:30 AM	Adult Center of Prescott 1280 E Rosser St, Prescott 928-778-3000	Yang Simplified 24 Form, Wudang, Therapeutic Forms 1 & 2, Sun/Yang	Adult Ctr Member \$8 Non-Member \$10	Yes
	Tuesday	07:00:00 PM (90 Min)	Average Joe's MMA 6 th Street, Prescott (Opposite MAACO Body Shop)	Leung Sheung Wing Chun	\$75/month	Yes
	Wednesday	7:30AM	OCG Health Therapies 1024 Willow Creek Rd, Prescott AZ 86301	Tai Chi Qigong	\$10 (1 st Class FREE)	Yes
C	Wednesday	8-9AM	Fitzone 6650 E 2 nd St Prescott Valley, AZ 86314	Fan Form beginning August 19 th ; Forms alternate every 12 weeks	Call to check rates or to try a class for free.	Yes
	Wednesday	10-11AM	Mayer Recreation Center Directly Across from the Mayer Library	Simplified 24 Form, Yang Style	Free – Sponsored by Yavapai County Library	

**TAI CHI
LOCAL AREA CLASSES**

Wednesday	10-11:30AM	OLLI at Yavapai College	Tung Family 108 Yang Style Wednesday – Beginning	Classes are full; Contact OLLI in January 2027	Yes	
C Wednesday	10:15-11:15AM	Adult Center of Prescott 1280 E Rosser St, Prescott 928-778-3000	Yang Simplified – 24 Form	Call to check rates	Yes	
Wednesday	12:30-1:20 PM	Elks Theatre 2 nd Floor Downtown Prescott	Pushhands	\$10.00	Yes	
Wednesday	1:30-2:40 PM	Elks Theatre 2 nd Floor Downtown Prescott	Traditional Yang Family followed by Form practice	\$10.00	Yes	
Thursday	7:30-8:30 AM	OCG Health Therapies 1024 Willow Creek Rd, Prescott AZ 86301	Tai Chi Qigong	\$10.00	Yes	
Thursday	8-10AM	Quailwood Community Center 12725 E Bradshaw Mountain Rd Dewey, AZ 86327	Primarily Yang	\$5 per session or \$20 per month	Yes	
Thursday	10-11AM	Dewey-Humboldt Library	Yang Style 24 Form; Medical Qigong	Call to check Availability		
Thursday	10:30-11:30 AM	Adult Center of Prescott 1280 E Rosser St, Prescott 928-778-3000	Yang Simplified 24 Form, Wudang, Therapeutic Forms 1 & 2, Sun/Yang	Adult Ctr Member \$8 Non-Member \$10	Yes	
Thursday	12:30-1:30PM	Elks Theatre 2 nd Floor Downtown Prescott	Yang Simplified 24 Form & Yoga	\$10.00	Yes	

**TAI CHI
LOCAL AREA CLASSES**

	Thursday	1:00-1:50 PM	Chino Valley Community Center	Traditional Yang Family 103	\$10.00	Yes
C	Thursday	4:00-5:00 PM	Adult Center of Prescott 1280 E Rosser St, Prescott 928-778-3000	42 Form – Combination	Call to check rates	Intermediate Level – Any Style Recommended
C	Friday	10:00:00	Prescott Country Club – POA Building 1133 Old Chisholm Trail, Dewey	Beginning Tai Chi & Qigong Styles: Chen, Yang & Sun	\$5 6 week commitment required	Yes
	Friday	10-11AM	Mayer Public Library	Yang Style 24 Form; Medical Qigong	Call to check Availability	
	Friday	10:30-11:30 AM	Stoneridge Studio	Sun 73	FREE	Yes
	Friday	12:30-1:20 PM	Elks Theatre 2 nd Floor Downtown Prescott	10 Form Yang	\$10.00	Yes
	Friday	1:30-2:40PM	Elks Theatre 2 nd Floor Downtown Prescott	Traditional Yang Family 103 followed by Form practice	\$10.00	Yes
	Friday	2-3:30PM	Yavapai College – Prescott www.yc.edu/commed Lifelong Learning - Community Education 928-717- 7755	Yang Simplified – 24 Form	Call to check rates	Yes
	OTHER:					
	Varies	Varies	Yavapai County	Tai Chi for Arthritis and Fall Prevention	Free	Yes

**TAI CHI
LOCAL AREA CLASSES**

	Tues, Wed, Sat	Various	Verde Valley Tai Chi (Cottonwood, Clarkdale, Camp Verde)	Sun – Tai Chi for Health Institute (Paul Lam)	Call to check Availability	
C	Saturday	10-11:30AM	Yavapai College – Prescott www.yc.edu/commed Lifelong Learning - Community Education 928-717- 7755	Yang Style – 108 Form	Call to check rates	Yes
C	Saturday	2-3:30PM	Yavapai College – Prescott www.yc.edu/commed Lifelong Learning - Community Education 928-717- 7755	42 Form – Combination	Call to check rates	Yes
	Sunday	04:00:00 PM (2 hrs)	Studio B, Rear Door to Summer Danceworks 805 Miller Valley Rd, Prescott	Leung Sheung Wing Chun	\$75/month	Yes

**TAI CHI
LOCAL AREA CLASSES**

CONTACT INFO	
Sue Counts sueb09@ymail.com Call Center for Schedule	
Sifu Arlo Chan OLLI at Yavapai College 928-717-7634 PrescottOlli@yc.edu	
Roma Korn, Certified in Yoga, Tai Chi and Qigong 480-688-4668 roma2design@yahoo.com	
David Hurlbut 714-609-9282 Dwhurlbut@gmail.com	
Tony Aparo 253-208-0779 aparo1800@gmail.com	
Bryan Karabaich Taijichuan.Bryan@gmail.com	
Gary Vaughan 669-260-0953 Gary@Vaughan.pe PrescottKungFu.com	
TJ Fritz, LMT, Cert. Acupressure 602-741-5265 tjfritzre@gmail.com Ocg.massagetherapy.com	
Heather Anderson 585-935-1982 Heather@WisdomArt.com	
Tony Aparo 253-208-0779 aparo1800@gmail.com	

**TAI CHI
LOCAL AREA CLASSES**

Sifu Arlo Chan OLLI at Yavapai College 928-717-7634 PrescottOlli@yc.edu
Larry Bates 310-897-3143 Lb400@att.net
Sifu Pete Voll Int'l Cert. Instructor 540-333-6792 fullmoontaichi@gmail.com www.fullmoontaichi.org
Sifu Pete Voll Int'l Cert. Instructor 540-333-6792 fullmoontaichi@gmail.com www.fullmoontaichi.org
TJ Fritz, LMT, Cert. Acupressure 602-741-5265 tjfritzre@gmail.com Ocg.massagetherapy.com
David Hurlbut 714-609-9282 Dwhurlbut@gmail.com
Tony Aparo 253-208-0779 aparo1800@gmail.com
Bryan Karabaich Taijichuan.Bryan@gmail.com
Roma Korn, Certified in Yoga, Tai Chi and Qigong 480-688-4668 roma2design@yahoo.com

TAI CHI **LOCAL AREA CLASSES**

Sifu Pete Voll Int'l Cert. Instructor 540-333-6792 fullmoontaichi@gmail.com www.fullmoontaichi.org
Larry Bates 310-897-3143 Lb400@att.net
Roma Korn 480-688-4668 Roma2Design@yahoo.com
Tony Aparo 253-208-0779 aparo1800@gmail.com
Susan Crampton 802-223-6954 cramptonsr@hotmail.com
Sifu Pete Voll Int'l Cert. Instructor 540-333-6792 fullmoontaichi@gmail.com www.fullmoontaichi.org
Sifu Pete Voll Int'l Cert. Instructor 540-333-6792 fullmoontaichi@gmail.com www.fullmoontaichi.org
Larry Bates 310-897-3143 Lb400@att.net
For class location/time contact: Rachael Mills 928-442-5372 rachel.mills@yavapaiaz.gov

TAI CHI
LOCAL AREA CLASSES

https://www.verdevalleytaichi.com/
Larry Bates 310-897-3143 Lb400@att.net
Larry Bates 310-897-3143 Lb400@att.net
Gary Vaughan 669-260-0953 Gary@Vaughan.pe PrescottKungFu.com