

Verde Valley Tai Chi and Matter of Balance Classes (YCCHS) 2023

Tai Chi	Rimrock	June 13 to August 1	11am to 12 noon	Beaver Creek Library (District Board Rm)
Tai Chi (Intermediate)		June 13-August 1	1pm to 2 pm	Camp Verde Public Library
Tai Chi	Camp Verde	July 5-August 23	10 to 11 am	Rainbow Acres
Tai Chi	Camp Verde	August 15-Oct. 3	10 to 11 am	Verde View Apartments (Tuesdays)
Tai Chi	Camp Verde	August 15-Oct. 3	1 to 2 pm	Camp Verde Library
Tai Chi	Cottonwood	August 30-Oct. 18	1 to 2	Cottonwood Library (Wed)
Tai Chi	Clarkdale	Oct. 4 to Nov. 25	10:30 to 11:30 am	Lamplighters Village (Public Welcome)

Presentations for Future classes

July 7th Verde View Apts. Camp Verde Classes starting August 15th

August 25 Verde Valley Caregivers Cottonwood - One time event day 10 to 11 am at CRC

Planning Stages – Fall 2023

Cottonwood/Clarkdale Intermediate Class Clarkdale Men's Lounge? Sept.-Oct.